

"In This Moment" Blessing

While the future is uncertain and the day can even seem daunting, in this moment... we are safe. There is love for us to connect with and feel. There is hope to reignite within. We have a right to thrive even in the midst of hard times. With each breath, downshift and simply be in this moment.



MAY YOU
BE SAFE.



MAY YOU
FEEL LOVE.



MAY YOU
HAVE HOPE.

Mollie Marti



MAY YOU
BREATHE
WITH EASE.